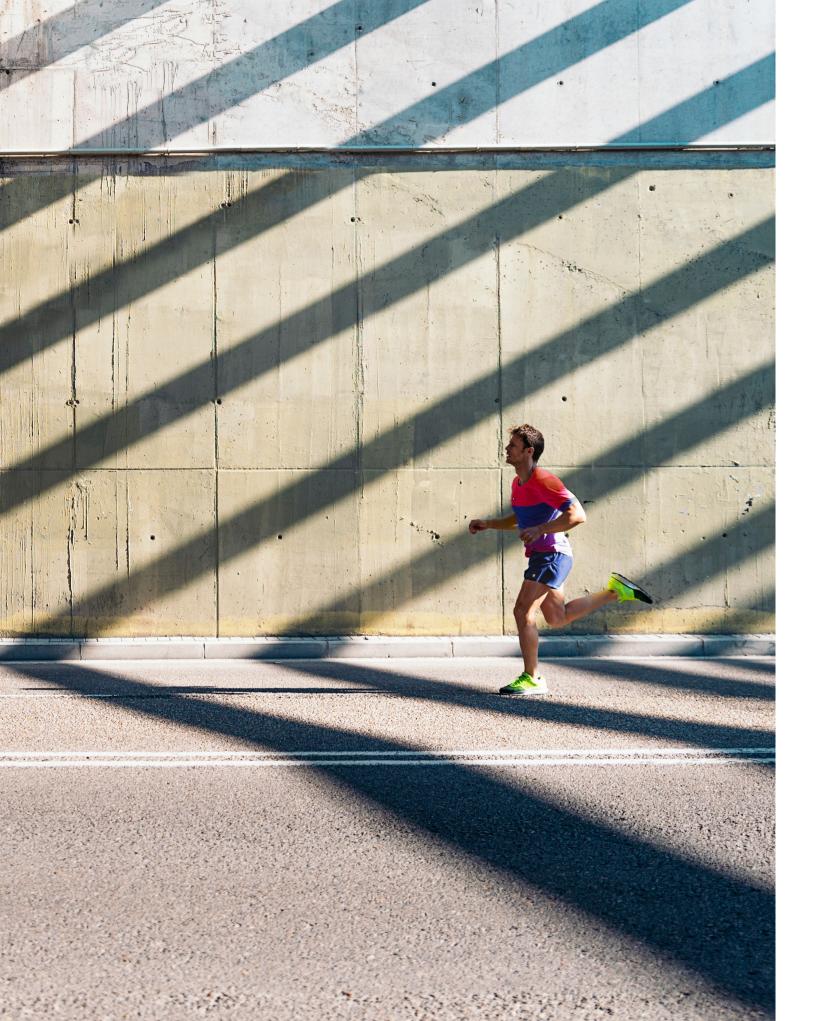
# WORKBOOK



CUSTOM TRAINING/ CARDIO

2023







CARDIO

SIZE CHART

14

# TRAINING

CATEGORY	CODE		
SUIT	5019522	TRAINING SKIROLL SUIT	
JERSEY	5019520	TRAINING JERSEY	
ТОР	5021827	TRAINING TANK TOP	
PANT	5023520	TRAINING SHORT	
PANT	5021821	TRAINING WIND PANT	
JERSEY	5019523	TRAINING W JERSEY	
PANT	5023521	TRAINING W SHORT	
PANT	5020512	TRAINING W SOFT SHORT	

#### 5019522 **TRAINING SKIROLL SUIT**

YOUR ALLY FOR TRAINING SESSIONS ON ASPHALT.

#### OVERVIEW

The skinsuit for high-level roller-skiing. Made with stretch fabrics for a very close fit and outstanding aerodynamics, it ensures breathability and maximum freedom of movement during aerobic activity. It has breathable panels on the sleeves and back, and raw-cut edges.

#### FEATURES

- Stretchy and close-fitting microperforated fabric
  Racing finishes with raw-cut edge
  Front zip

PROACTIVE	RACE	TRAIN	
TECHNICAL	EXPLORE		
TEMPERATURE:	SIZE:	FIT:	
WARM	XXS - 5XL	RACE	
ACTIVITIES	📩 🖈 🎯 🕕		
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATER REPELLENT / WINDPROOF		





#### 5019520

**TRAINING JERSEY** 

ESSENTIAL, LIKE TRAINING FOR A HIGH-LEVEL ATHLETE.

#### OVERVIEW

8

Essential, like basic aerobic exercise. Made of printed micro-textured fabric, the garment is designed to be lightweight, breathable, and quick drying. The essential garment for training and running in the summer.

#### FEATURES

• Light printed breathable fabric

PROACTIVE DYNAMIC	RACE EXPLORE	TRAIN
TEMPERATURE:	SIZE:	FIT:
WARM	XXS - 5XL	REGULAR
ACTIVITIES	🔬 🛠 🛞 🕕	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATERPOOF	FER REPELLENT / WINDPROOF



#### 5023520 **TRAINING SHORT**

COOL AND LIGHTWEIGHT FOR THE HOTTEST TRAINING SESSIONS.

#### OVERVIEW

2 in 1 short, with inner tights made in a light compressive fabric and external layer in meh fabricfor better breathability. A versatile garment that can be used for anything from indoor activities to trail running, by those who alternate between different activities and live and breathe sports.

#### FEATURES

- Breathable woven fabric
- Breathable micromesh slip inside
- Elastic waist with draw cord
- mesh pocket on back

PROACTIVE CONSISTENT	RACE EXPLORE	TRAIN
TEMPERATURE:	SIZE:	FIT:
WARM	XXS - 4XL	REGULAR
ACTIVITIES	<u>x</u> 🛠 🛞 🕕	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WAT	ER REPELLENT / WINDPROOF

# 5021827

**TRAINING TANK TOP** 

#### OVERVIEW

Running tank top highly breathable made with a quik-drying polyester fabric.

#### FEATURES

Polyester fabric

PROACTIVE	RACE	TRAIN
TECHNICAL	EXPLORE	
TEMPERATURE:	SIZE:	FIT:
MEDIUM	XXS - 4XL	SLIM
ACTIVITIES	<u> 太 太 🛞 ا</u>	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WAT	ER REPELLENT / WINDPROOF



**TRAINING WIND PANT** 

5021821

#### OVERVIEW

The lighter pant in the collection, suitable for high intensity trining session or to be warn in moderate temperature conditions. Semitight fit, with windproof panels on upper legs and stretch lycra on bottom legs and back.

#### FEATURES

Windproof light panel on upper legs
Stretch lycra on bottom and back

• 1 side and 1 back zippered pocket

PROACTIVE CONSISTENT	RACE EXPLORE	TRAIN
TEMPERATURE:	SIZE:	FIT:
WARM	XXS - 3XL	REGULAR
ACTIVITIES	📩 🛠 🎯 🕕	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WAT	ER REPELLENT / WINDPROOF







#### TRAINING W JERSEY

ESSENTIAL, LIKE TRAINING FOR A HIGH-LEVEL ATHLETE.

#### OVERVIEW

Essential, like basic aerobic exercise. Made of printed micro-textured fabric, the garment is designed to be lightweight, breathable, and quick drying. The essential garment for training and running in the summer.

## FEATURES

Light printed breathable fabric

PROACTIVE DYNAMIC	RACE EXPLORE	TRAIN
TEMPERATURE:	SIZE:	FIT:
WARM	XXS - XXL	REGULAR
ACTIVITIES	1.2 🛠 🛞 ⊷	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WA	TER REPELLENT / WINDPROOF



#### 5020512 TRAINING W SOFT SHORT

COOL AND LIGHTWEIGHT FOR THE HOTTEST TRAINING SESSIONS.

#### OVERVIEW

Very light and comfortable short made with a soft breathable and quick-drying polyester.

# FEATURESLight breathable polyesterZip pocket on back

PROACTIVE	RACE	TRAIN	
ACCURATE	EXPLORE		
TEMPERATURE:	SIZE:	FIT:	
WARM	XXS - XXL	REGULAR	
ACTIVITIES	📩 🖈 🎯 🕕		
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATER REPELLENT / WINDPROOF		

## 5023521

**TRAINING W SHORT** 

COOL AND LIGHTWEIGHT FOR THE HOTTEST TRAINING SESSIONS.

#### OVERVIEW

2 in 1 short, with inner tights made in a light compressive fabric and external layer in meh fabricfor better breathability. A versatile garment that can be used for anything from indoor activities to trail running, by those who alternate between different activities and live and breathe sports.

#### FEATURES

- Breathable woven fabric
- Breathable micromesh inside
- Visible elastic waist with draw cord
- Mesh pocket on back

PROACTIVE	RACE	TRAIN
ACCURATE	EXPLORE	
TEMPERATURE:	SIZE:	FIT:
WARM	XXS - XXL	REGULAR
ACTIVITIES	<u> 赤 ネ ⑧</u> HI	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WAT	ER REPELLENT / WINDPROOF



## 5021820

#### TRAINING WIND W PANT

COOL AND LIGHTWEIGHT FOR THE HOTTEST TRAINING SESSIONS.

#### OVERVIEW

The lighter pant in the collection, suitable for high intensity trining session or to be warn in moderate temperature conditions. Semitight fit, with windproof panels on upper legs and stretch lycra on bottom legs and back.

#### FEATURES

- Windproof light panel on upper legs
- Stretch lycra on bottom and back
- 1 side and 1 back zippered pocket

PROACTIVE	RACE	TRAIN
ACCURATE	EXPLORE	
TEMPERATURE:	SIZE:	FIT:
WARM	XXS - XXL	REGULAR
ACTIVITIES	📩 ᄎ 🎯 🕕	
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WAT	TER REPELLENT / WINDPROOF







WOMEN'S PAN

# CARDIO

#### 5019518 CARDIO TECH JERSEY LONG SLEEVE

#### ESSENTIAL, LIKE TRAINING FOR A HIGH-LEVEL ATHLETE.

#### OVERVIEW

Essential, like basic aerobic exercise. Made of polyester light fabric that combines thermal protection and breathability, promoting airflow inside the garment. It's the perfect garment for aerobic activity in the spring and fall, or in winter, depending on the intensity. The front zip and thumbholes on the sleeve cuffs complete a comfortable and practical garment.

#### FEATURES

- Thermal and comfortable brushed and textured fabric
- Thumb opening for protection from cold
  YKK® front zip with cord zipper pull

PROACTIVE	RACE	TRAIN		
DYNAMIC	EXPLORE			
TEMPERATURE:	SIZE:	FIT:		
MEDIUM	XXS - 4XL	REGULAR		
ACTIVITIES	小 🕉 🕉 🛞			
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WAT	FER REPELLENT / WINDPROOF		

#### 5019519

#### **CARDIO TECH TIGHT**

WHO SAYS YOU SHOULD TRAIN ONLY INDOORS IN THE WINTER?

#### OVERVIEW

Versatile thermal tight. You can use it alone for training and aerobic activity outdoors, or as a first thermal layer for activity in extremely cold conditions.

#### FEATURES

#### Confortable stretch fabric

• Elastic waist with draw cord

PROACTIVE TECHNICAL	RACE EXPLORE	TRAIN				
TEMPERATURE:	SIZE:	FIT:				
MEDIUM	XXS - 4XL	RACE				
ACTIVITIES	📩 🛠 🛞 🕕					
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATER REPELLENT / WINDPROOF					









#### **CARDIO TECH WIND VEST**

LIGHT PROTECTION FOR HIGH-INTENSITY TRAINING.

#### OVERVIEW

A vest for aerobic exercise, on or off the snow, when the days are too chilly for just a long-sleeve jersey but too warm for a full jacket. The two front layers and the construction with a thermal lining provide the necessary warmth and wind protection, while the stretch construction makes it perfect for physical activity, including at dawn or dusk, thanks to the reflective detailing.

#### FEATURES

- Double-layered thermal vest
- Back and side panels in stretch fabric
- YKK<sup>®</sup> front zip with cord zipper pull

PROACTIVE VALUABLE	RACE	FIT:				
TEMPERATURE:	SIZE:					
MEDIUM	XXS - 4XL					
ACTIVITIES	📩 🖈 🎯 al-le					
FECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATER REPELLENT / WINDPROOF					



#### 5021500 EVENT HOODIE

## OVERVIEW

A perfect Hoodie dedicated to spare time or after training.

FE	ATURES
	Full-lenght zippe
	Hoodia

CASUAL	RACE	TRAIN				
	EXPLORE					
TEMPERATURE:	SIZE:	FIT:				
MEDIUM	XXS - 3XL	COMFORT				
ACTIVITIES	法スの王					
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATER REPELLENT / WINDPROOF					

## 5019516

**CARDIO TECH WIND JACKET** 

WHO SAYS YOU SHOULD TRAIN ONLY INDOORS IN THE WINTER?

#### OVERVIEW

A jacket for aerobic exercise, on or off the snow, when the days are cold but indoor training simply isn't an option. The two front layers and the construction with a thermal lining provide the necessary warmth and wind protection, while the stretch construction of the back and sides makes it perfect for physical activity, including at dawn or dusk, thanks to the reflective detailing.

#### FEATURES

- Double-layered thermal jacket with hood
- Back and side panels in stretch fabric
- YKK<sup>®</sup> front zip with cord zipper pull

PROACTIVE	RACE	TRAIN				
VALUABLE	EXPLORE					
TEMPERATURE:	SIZE:	FIT:				
MEDIUM	XXS - 4XL	RACE				
ACTIVITIES	🗴 🛠 🛞 I-II					
TECHNICAL FEATURES	BREATHABLE / WATERPROOF / WATER REPELLENT / WINDPROOF					







622 RED RUMBA



BLUE



002 **BLACK** 



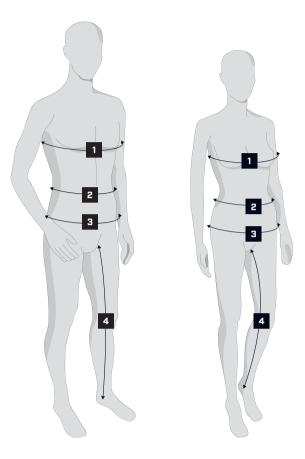
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# SIZE CHARTS



MEN CLOTHING	XXS	XS	S	м	L	XL	XXL	3XL	4XL	5XL
Chest	84	88	92	96	100	105	110	115	120	125
Waist	72	76	80	84	88	93	98	103	108	113
Hips	86	90	94	98	102	107	112	117	122	127
Inside Leg	80	80	81	82	83	84,5	86	87,5	87,5	87,5
WOMEN CLOTHING	XXS	XS	S	м	L	XL	XXL	_	-	-
Chest	74	79	84	89	94	99	104	-	-	-
Waist	58	63	68	73	78	83	88	-	-	-
Hips	82	87	92	97	102	107	112	-	-	-
Inside Leg	74	75	76	77	78	79	80	-	-	-
KIDS	4Y	6Y	8Y	10Y	12Y	14Y	16Y	-	-	-
Height	104	116	128	140	152	164	176	-	-	-

\* Length in cm.





